Counseling and Mental Health Referral Information

Spanish and English Speaking Resources

Chicago Children’s Advocacy Center (312) 492-3700
1240 S. Damen Ave. Chicago, IL 60608
English and Spanish Speaking Services.

Alivio Medical Center  (773) 254-1400
2355 S. Western Ave.
Chicago, II 60608
Español disponible  Spanish Speaking services available
Counseling for patients of Alivio Limited services to the community Consejería para pacientes de Alivio y la comunidad
Waiting list – 2-3 months Espera de 2-3 meses

Jorge Prieto Family Health Center  (773) 521-0750
2424 So. Pulaski Ave. Chicago, Il 60623  (Español Disponible/Spanish speaking)
$7.00 for first visit, Fee for service Psychiatric services for children

Mt. Sinai Hospital  (773) 257-6672
1500 So. California Chicago IL 60608  (Español Disponible/Spanish speaking)
Hospital with psychiatric dept Hospital con departamento de psiquiatría
• Rainbow Program (773) 257-4750  Located at Nurses Residence on 5th Floor
Counseling for Children ages 3-17 years old

La Familia Unida  (773) 522-7798
3047 W. Cermak  Español Disponible/Spanish speaking available
Consejería de Parejas, Familias, Consejería de Violencia Domestica, Grupos de Educacion
Family, individual and Marital counseling, Domestic Violence, Parent Education
Sliding fee scale  Tues, Weds, and Fri 9-8pm and Thurs and Sat 9-5, Closed on Mondays
Martes, Miércoles, y Viernes 9-8 pm  Jueves y Sabado 9-5 pm, Cerrado los Lunes
No waiting list,  no hay lista de espera (2/24/04)

Pilsen-Little Village Community Mental Health Center (773) 890-0645
1858 W. Cermak Road  Chicago, Il 60608  Español Disponible/Spanish speaking available
(Spanish) Outpatient Mental Health services, aftercare for adults Sliding fee scale and Medical card
*****Clients must live in Pilsen and Little Village.

Pillars (708) 745-5277 or (708) 795-4800
6918 Windsor Ave  Berwyn, IL  Español Disponible/Spanish speaking available
Counseling and Psychiatric Services
*****Support Groups for Individuals that lost a parent/caretaker*****
Servicios de psiquiatría y consejería

Stickney Public Health District (708) 424-9200
Burbank, IL  Counseling and Psych. services
Adults only, sliding fee scale  Services for residents of Stickney township only –
Servicios en Español – Some Spanish speaking available

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The Family Institute at Northwestern University
Intake Phone: 847-733-4300, ext. 263  English speaking only
LaGrange Park: 335 North LaGrange Road  LaGrange Park, IL 60525
For males and females, Offers outpatient treatment, Accepts children, Accepts adolescents, Accepts adults, Accepts seniors. Private insurance accepted, Medicare accepted, BCBS PPO is accepted.
Services Offered: Child & Adolescent Services, Cognitive Behavioral Therapy (CBT), Dialectical Behavioral Therapy (DBT)Family, Therapy Group, Therapy Couples Therapy, LGBTQ Mental Health Services, Psychiatric Evaluations.

Greater Lawndale Behavioral Health Care Center  (312) 747-1020
4150 W. 55th St., Chicago, IL 60632  (Español disponible/Spanish speaking)
A city of Chicago Mental Health site  Un centro de Salud Mental de Chicago

Englewood Behavioral Health Care Center (312) 747-7496 English speaking only
641 w. 63rd St.  A city of Chicago Mental Health site. Intake Days are Mondays, Tuesdays, Thursdays and Fridays from 8:30 AM -11:00 AM. Bring photo ID and Medical Card and after intake, patient will be seen by psychiatrist. Accepts DCFS Referrals, adults only.
**Also Offering Parenting Classes for 1st time mothers; Fee based

Healthcare Alternative Systems (773) 254-5141
4534 S. Western Ave. Chicago, Il 60609  (Español disponible/Spanish speaking available)
Substance abuse and Mental Health services only
Servicios de Salud Mental y Abuso de Alcohol/Drogas
Llamar para una cita, Servicio de DUI en Español
 Psychiatrist on Thursdays available for substance abuse, Must schedule an intake appt
 Sliding fee scale
 ACCEPTS DCFS referrals
 DUI services in English and Spanish
 Parenting classes for Women (DCFS) in English and Spanish.
 Postpartum depression program needs referral.

Ada S. McKinely Community Services (773) 434-5577
2715 ½ W. 63rd St. Chicago : SASS  C&A  TRIAGE WORKER  No Spanish speaking services (as of 2/2004)  English speaking only
Accepts DCFS Referrals and provides Mental Health Evaluations with option of ongoing services.

Aunt Martha’s (708) 756.1135
Address: 11536 Vincennes Ave.  Clinic accepts DCFS Referrals and Medicaid. There is a waitlist if referred from DCFS, about on month.  Spanish Speaking Available. NEEDS Doctor's Referral in order to accept client for services.

South Wood Interventions (773) 737-4600  English speaking only
5701 S. Wood Street Chicago, IL 60636  Counseling for substance abuse (inpatient and outpatient detox programs available)

Salvation Army- Midway Counseling Center  (773) 735-6773 English speaking only
5045 W. 47th Street  Chicago IL 60638  Closed on Mondays.  Cerrado los Lunes  Counseling-family/marriage  No Spanish until further. Notice. Men and women (court mandated, voluntary) DV perpetrators: Fee Based
United Stand Counseling Center  (773) 585-4499
3731 W. 62nd Street  Español Disponible Consejería para familias, parejas
Hay lista de espera, exámenes para problemas con el aprendizaje, Abierto Lunes, Miércoles y Jueves
- Family, couples and individual counseling (Spanish speaking counselor available)
- Accept DCFS Referrals and Provides mental Health Evaluation; Accepta refeiridos de DCFS y
cuadta evaluaciones de salud mental
- Testing for Learning disabilities
- Open Mondays, Wednesday s and Thursdays  Sliding fee scale  Have a waiting list

Urban Behavioral Health Services Institute Ph: (773) 745-2650
6600 S. Cottage Grove Avenue, Chicago, IL 60637
Mental Health Clinic Serves Adults and Children Medicaid/ Medicare

New Hope Community Service Center (773) 737-9555
2701 W. 79th St.  Chicago 60652
(English speaking only - No hay servicio en Espanol)  Alcohol and drug treatment

Diversified Behavioral Services (773) 239-9700 English speaking only
11070 S. Western Ave Chicago 60643
Psychiatric services for children and adults. Individual, family and marriage counseling. Accept Medicaid
just for psychiatric services no for the counseling.
Accepts DCFS Referrals and provides Mental Health Evaluations with option of ongoing services.

TJ Health (SW) (773) 995-6300 English speaking only
Psychiatric services/Substance Abuse
1029 E. 130th

Jackson Park Hospital  (773) 947-7500 Heartgrove Hospital (773) 413 -1700
7531 S. Stony Island  5730 W. Roosevelt
Psychiatric services  Psychiatric Services for Children

Habilitative Systems, INC (HSI)  (773) 745-2650
6845 S. Western Ave, Chicago, IL 60636
Community Mental Health Center
Accepts Adults → Evaluations , Pre-Screening, Emergency Housing for Homeless People (with MH
issues), Teen Activities, Substance Abuse, and more.

Catholic Charities – call information and referral line 312/655-7700 Intake
General counseling for individuals, couples and family
Consejería para Individuales, parejas y familias
No psychiatric issues or substance abuse counseling
Sliding fee scale, does not accept medical card No service area  Waiting list- 2-3 weeks

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Chicago Center for Family Health (312) 372-4731 or (312) 372–4745
35 East Wacker Drive Suite 2700
Chicago IL 60601
Therapy and counseling services for families, couples and individuals; sliding scale fee

Jewish Child and Family Services (JCFS)
216 W. Jackson Blvd, Chicago, IL 60606
Intake Phone: 855-275-5237 or 855-ASK-JCFS
Accepts children, Accepts adolescents, Accepts adults, Private insurance accepted, and Medicare
accepted. Scholarships may be available for low-income participants.

The Family Institute at Northwestern University
Intake Phone: 847-733-4300, ext. 263  English speaking only
Downtown Chicago: 8 S. Michigan, Suite 500, Chicago, IL 60603
For males and females, Offers outpatient treatment, Accepts children, Accepts adolescents, Accepts adults, Accepts seniors, Private insurance accepted, Medicare accepted, BCBS PPO is accepted.
Services Offered: Child & Adolescent Services, Cognitive Behavioral Therapy (CBT), Dialectical Behavioral Therapy (DBT)Family, Therapy Group, Therapy Couples Therapy, LGBTQ Mental Health Services, Psychiatric Evaluations.

BRAIN INJURY FOUNDATION (800) 699-6443 Main Line or (312) 726 – 5699
20 N. Clark  Provides numerous services for clients that suffer from Brain injury including links to counseling and other activities.

**SOUTHSIDE SERVICES FOR YOUTH**

Latino Organization for the Southwest (LOS)  (773) 581-1900 Spanish Speaking Available
4051 W. 63rd St  Chicago, Illinois 60629
Sport for Youth, Tutoring , Youth Leadership, Violence Prevention, Organizing, Advocacy, and Adult Education.

UNITED WAY REFERRAL LINE 312/876-1142  Para referidos a otras agencias
Other Helpful numbers: Otros numeros para Ayuda
Greater Food Depository (comida)  (773) 247-3663 call for daily food pantries
City Services (servicios de la cuidad)  311 shelters for homeless referrals
Metropolitan Tenants Organization  (773) 292-4980  (para inquilinos)
Suicide Hotline (24 hour crisis)  800.748-2499/800273-8255  (linea de crisis)
Illinois Employment and Training  773/884-7000  (Empleo y Entrenamiento)
Center Daley College Building 100
Chicago Department of Aging  312/747-0440  (Servicios para ancianos)
YWCA Metropolitan Chicago  (773) 862-3100  INTAKE Ph#: 312.733.2102 Ext 2146
2858 W. Diversey Ave 1st floor 60647
Individual and group services. Educational services. Sexual Assault for adult and children 13 and older. Services available in Spanish and English

Heartland – Women’s Program (Violence Recovery Services) 3533 S Archer  (773) 847-4417

Anxiety and Agoraphobia Treatment Center, Ltd.'s offices are located at:
1500 Skokie Blvd., Suite 204
Northbrook, Illinois 60062

University of Illinois  (312) 355-4431
Children Mental Health- Intake

Mercy Home for Boys and Girls (between ages 11-21)  (312) 738-7560
1140 W. Jackson Chicago, IL 60607

Cabrini Green Legal Aid Clinic  (312) 738-2452
740 N. Milwaukee Ave
http://www.cguna.net.
**This is a great agency that provides legal assistance for criminal cases as well as providing other legal services such as expungement, sealing & clemency. They are a great resource to have for our clients.**
Legal Assistance Foundation Public Benefits Hotline at 888-893-5327
24-hour Elder Abuse Hotline 1-866-800-1409 or 1-888-206-1327 (TTY).
Child Abuse 1-800-25-ABUSE

The Southwest Reach center 773-735-6727
6155 S. Pulaski, 2nd Fl. Spanish Speaking Available
www.greatersouthwest.org
-Financial Service  -Housing Services  -Job Assistance  -Public Benefits Screening
Brighton Park Neighborhood Council (773) 523.7110
4477 S Archer Ave Chicago, IL 60632
(Spanish speaking available/Español Disponible)
Afterschool Tutoring / Ayuda con la Tarea despues de la Escuela
- Financial Service - Housing Services - Job Assistance - Public Benefits Screening

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