

Counseling and Mental Health Referral Information

Spanish and *English* Speaking Resources

Chicago Children's Advocacy Center (312) 492-3700

1240 S. Damen Ave. Chicago, IL 60608

Supports child sexual abuse victims and their families. Abuse crisis intervention.

English and Spanish Speaking Services.

PILSEN - LITTLE VILLAGE AREAS

Alivio Medical Center (773) 254-1400

2355 S. Western Ave.

Chicago, IL 60608

Español disponible *Spanish Speaking services available*

Counseling for patients of Alivio Limited services to the community *Consejeria para pacientes de Alivio y la comunidad*

Waiting list – 2-3 months *Espera de 2-3 meses*

Jorge Prieto Family Health Center (773) 521-0750

2424 So. Pulaski Ave. Chicago, IL 60623 (*Español Disponible/Spanish speaking*)

\$7.00 for first visit, Fee for service *Psychiatric services for children*

Mt. Sinai Hospital (773) 257-6672

1500 So. California Chicago IL 60608 (*Español Disponible/Spanish speaking*)

Hospital with psychiatric dept *Hospital con departamento de psiquiatría*

- **Rainbow Program (773) 257-4750 Located at Nurses Residence on 5th Floor**
Counseling for Children ages 3-17 years old

La Familia Unida (773) 522-7798

3047 W. Cermak *Español Disponible/Spanish speaking available*

Consejeria de Parejas, Familias, Consejeria de Violencia Domestica, Grupos de Educacion

Family, individual and Marital counseling, Domestic Violence, Parent Education

Sliding fee scale *Tues, Weds, and Fri 9-8pm and Thurs and Sat 9-5, Closed on Mondays*

Martes, Miercoles, y Viernes 9-8 pm Jueves y Sabado 9-5 pm, Cerrado los Lunes

No waiting list, no hay lista de espera (2/24/04)

Pilsen-Little Village Community Mental Health Center (773) 890-0645

1858 W. Cermak Road Chicago, IL 60608 *Español Disponible/Spanish speaking available*

(Spanish) Outpatient Mental Health services, aftercare for adults Sliding fee scale and Medical card

*****Clients must live in Pilsen and Little Village.

WESTERN AND SW SUBURBS

Pillars (708) 745-5277 or (708) 795-4800

6918 Windsor Ave Berwyn, IL *Español Disponible/Spanish speaking available*

Counseling and *Psychiatric Services*

*****Support Groups for Individuals that lost a parent/caretaker*****

Servicios de psiquitria y consejeria

Stickney Public Health District (708) 424-9200

Burbank, IL *Counseling and Psych. services*

Adults only, sliding fee scale *Services for residents of Stickney township only –*

Servicios en Español – Some Spanish speaking available

Behavioral Health Services @ Family Service Mental Health Center of Cicero Ph: (708) 656-6430
5341 West Cermak Road, Cicero IL 60804 Servicios en Español – Some **Spanish** speaking available
Mental Health Clinic Serves **Adults and Children Medicaid/ Medicare**

The Family Institute at Northwestern University

Intake Phone: 847-733-4300, ext. 263 *English speaking only*

LaGrange Park: 335 North LaGrange Road LaGrange Park, IL 60525

For males and females, Offers outpatient treatment, Accepts children, Accepts adolescents, Accepts adults, Accepts seniors, Private insurance accepted, Medicare accepted, BCBS PPO is accepted.

Services Offered: Child & Adolescent Services, Cognitive Behavioral Therapy (CBT), Dialectical Behavioral Therapy (DBT) Family, Therapy Group, Therapy Couples Therapy, LGBTQ Mental Health Services, Psychiatric Evaluations.

CITY OF CHICAGO MENTAL HEALTH CENTERS

Greater L awn Behavioral Health Care Center (312) 747-1020

4150 W. 55th St., Chicago, Il 60632

*(Español disponible/**Spanish** speaking)*

A city of Chicago Mental Health site *Un centro de Salud Mental de Chicago*

Englewood Behavioral Health Care Center (312) 747-7496 *English speaking only*

641 w. 63rd St. *A city of Chicago Mental Health site. Intake Days are Mondays, Tuesdays, Thursdays and Fridays from 8:30 AM -11:00 AM. Bring photo ID and Medical Card and after intake, patient will be seen by psychiatrist. Accepts DCFS Referrals, adults only.*

***Also Offering Parenting Classes for 1st time mothers; Fee based*

SOUTH SIDE SERVICES

Healthcare Alternative Systems (773) 254-5141

4534 S. Western Ave. Chicago, Il 60609

*(Español disponible/**Spanish** speaking available)*

Substance abuse and Mental Health services only

Servicios de Salud Mental y Abuso de Alcohol/Drogas

Llamar para una cita, Servicio de DUI en Español

- Psychiatrist on Thursdays available for substance abuse, Must schedule an intake appt
- Sliding fee scale
- ACCEPTS DCFS referrals
- DUI services in English and Spanish
- Parenting classes for Women (DCFS) in English and Spanish.
- Postpartum depression program needs referral.

Ada S. McKinley Community Services (773) 434-5577

2715 ½ W. 63rd St. Chicago : SASS C&A TRIAGE WORKER No Spanish speaking services (as of 2/2004) *English speaking only*

Accepts DCFS Referrals and provides Mental Health Evaluations with option of ongoing services.

Aunt Martha's (708) 756.1135

Address: 11536 Vincennes Ave. *Clinic accepts DCFS Referrals and Medicaid. There is a waitlist if referred from DCFS, about on month. **Spanish Speaking Available. NEEDS Doctor's Referral in order to accept client for services.***

South Wood Interventions (773) 737-4600 *English speaking only*

5701 S. Wood Street Chicago, IL 60636

Counseling for substance abuse (inpatient and outpatient detox programs available)

Salvation Army- Midway Counseling Center (773) 735-6773 *English speaking only*

5045 W. 47th Street Chicago IL 60638 *Closed on Mondays, Cerrado los Lunes*

Counseling-family/marriage No Spanish until further. Notice. Men and women (court mandated, voluntary) DV perpetrators: Fee Based

United Stand Counseling Center (773) 585-4499

3731 W. 62nd Street Español Disponible Consejería para familias, parejas

Hay lista de espera, exámenes para problemas con el aprendizaje, Abierto Lunes, Miércoles y Jueves

- Family, couples and individual counseling (*Spanish* speaking counselor available)
- Accept DCFS Referrals and Provides mental Health Evaluation; Accepta referidos de DCFS y conducta evaluaciones de salud mental
- Testing for Learning disabilities
- Open Mondays, Wednesday s and Thursdays *Sliding fee scale Have a waiting list*

Urban Behavioral Health Services Institute Ph: (773) 745-2650

6600 S. Cottage Grove Avenue, Chicago, IL 60637

Mental Health Clinic Serves **Adults and Children Medicaid/ Medicare**

New Hope Community Service Center (773) 737-9555

2701 W. 79th St. Chicago 60652

(English speaking only - No hay servicio en Espanol) Alcohol and drug treatment

Diversified Behavioral Services (773) 239-9700 English speaking only

11070 S. Western Ave Chicago 60643

Psychiatric services for children and adults. Individual, family and marriage counseling. Accept Medicaid just for psychiatric services no for the counseling.

Accepts DCFS Referrals and provides Mental Health Evaluations with option of ongoing services.

TJ Health (SW) (773) 995-6300 English speaking only

Psychiatric services/Substance Abuse

1029 E. 130th

Jackson Park Hospital (773) 947-7500

7531 S. Stony Island

Psychiatric services

Heartgrove Hospital (773) 413 -1700

5730 W. Roosevelt

Psychiatric Services for Children

Habilitative Systems, INC (HSI) (773) 745-2650

6845 S. Western Ave, Chicago, IL 60636

Community Mental Health Center

Accepts Adults → Evaluations , Pre-Screening, Emergency Housing for Homeless People (with MH issues), Teen Activities, Substance Abuse, and more.

Catholic Charities – call information and referral line 312/655-7700 Intake

General counseling for individuals, couples and family

Consejeria para Individuales, parejas y familias

No psychiatric issues or substance abuse counseling

Sliding fee scale, does not accept medical card No service area

Waiting list- 2-3 weeks

DOWNTOWN SERVICES

Chicago Center for Family Health (312) 372-4731 or (312) 372-4745

35 East Wacker Drive Suite 2700

Chicago IL 60601

Therapy and counseling services for families, couples and individuals; sliding scale fee

Jewish Child and Family Services (JCFS)

216 W. Jackson Blvd, Chicago, IL 60606

Intake Phone: 855-275-5237 or 855-ASK-JCFS

Accepts children, Accepts adolescents, Accepts adults, Private insurance accepted, and Medicare accepted. Scholarships may be available for low-income participants.

The Family Institute at Northwestern University

Intake Phone: 847-733-4300, ext. 263 English speaking only

Downtown Chicago: 8 S. Michigan , Suite 500 Chicago, IL 60603

For males and females, Offers outpatient treatment, Accepts children, Accepts adolescents, Accepts adults, Accepts seniors, Private insurance accepted, Medicare accepted, BCBS PPO is accepted.

Services Offered: Child & Adolescent Services, Cognitive Behavioral Therapy (CBT), Dialectical Behavioral Therapy (DBT) Family, Therapy Group, Therapy Couples Therapy, **LGBTQ Mental Health Services**, Psychiatric Evaluations.

BRAIN INJURY FOUNDATION (800) 699-6443 Main Line or (312) 726 – 5699

20 N. Clark Provides numerous services for clients that suffer from Brain injury including links to counseling and other activities.

SOUTHSIDE SERVICES FOR YOUTH

Latino Organization for the Southwest (LOS) (773) 581-1900 *Spanish* Speaking Available

4051 W. 63rd St Chicago, Illinois 60629

Sport for Youth, Tutoring , Youth Leadership , Violence Prevention, Organizing, Advocacy, and Adult Education.

UNITED WAY REFERRAL LINE 312/876-1142 Para referidos a otras agencias

Other Helpful numbers: Otros numeros para Ayuda

Greater Food Depository (comida) (773) 247-3663 call for daily food pantries

City Services (servicios de la ciudad) 311 shelters for homeless referrals

Metropolitan Tenants Organization (773) 292-4980 (para inquilinos)

Suicide Hotline (24 hrour crisis) 800.748-2499/800273-8255 (linea de crisis)

Illinois Employment and Training 773/884-7000 (Empleo y Entrenamiento)

Center Daley College Building 100

Chicago Department of Aging 312/747-0440 (Servicios para ancianos)

YWCA Metropolitan Chicago (773) 862-3100 INTAKE Ph#: 312.733.2102 Ext 2146

2858 W. Diversey Ave 1st floor 60647

Individual and group services. Educational services.

Sexual Assault for adult and children 13 and older. Services available in *Spanish* and *English*

Heartland – Women’s Program (*Violence Recovery Services*) 3533 S Archer (773) 847-4417

Anxiety and Agoraphobia Treatment Center, Ltd.'s offices are located at:

1500 Skokie Blvd., Suite 204

Northbrook, Illinois 60062

University of Illinois (312) 355-4431

Children Mental Health- Intake

Mercy Home for Boys and Girls (between ages 11-21) (312) 738-7560

1140 W. Jackson Chicago, IL 60607

Residential program (1 year). No substance abuse. Enrolled in school. Sliding scale.

Cabrini Green Legal Aid Clinic (312) 738-2452

740 N. Milwaukee Ave

<http://www.cgla.net>.

***This is a great agency that provides legal assistance for criminal cases as well as providing other legal services such as expungement, sealing & clemency. They are a great resource to have for our clients. :*

Legal Assistance Foundation Public Benefits Hotline at 888-893-5327

24-hour Elder Abuse Hotline 1-866-800-1409 or 1-888-206-1327 (TTY).

Child Abuse 1-800-25-ABUSE

The Southwest Reach center 773-735-6727

6155 S. Pulaski, 2nd Fl.

Spanish Speaking Available

www.greatersouthwest.org

-Financial Service -Housing Services -Job Assistance -Public Benefits Screening

Brighton Park Neighborhood Council (773) 523.7110

4477 S Archer Ave Chicago, IL 60632

(*Spanish* speaking available/Español Disponible)

Afterschool Tutoring / Ayuda con la Tarea despues de la Escuela

-Financial Service

-Housing Services

-Job Assistance

-Public Benefits Screening

Updated 5/18/2015 E. Mauner